Proprioceptive Neuromuscular Facilitation (PNF I) Bibliography

Recommended:

Rational Manual Therapies. Basmajian and Nyberg, Chapter 11 “Proprioceptive Neuromuscular Facilitation” by Vicky Saliba, Gregory S. Johnson and Cheryl Wardlaw. Available online at www.instituteofphysicalart.com or we will mail at cost $5.


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